

## **Abstract**

Project HANDLE@Navos will integrate substance abuse treatment, mental health, HIV counseling and testing, HIV medical care, hepatitis screening, testing and vaccination and prevention services. The project will be a collaboration among Neighborhood House (HIV testing, substance abuse prevention), Navos (mental health and substance abuse treatment) and Public Health Seattle-King County (hepatitis testing and HIV/hepatitis medical care).

Project HANDLE (HIV/AIDS Network Development and Life-skills Experience)@Navos will be located in Burien, a suburb of Seattle in South King County, Washington State. Project HANDLE@Navos is located in the Consolidated Metropolitan Statistical Area (CMSA) of Seattle-Tacoma-Bellevue, home to approximately 2.5 million people aged 18 or older. The project will target U.S. and foreign-born Black (African-American) and Latino/a individuals aged 18 or older who are male, female, transgender, heterosexual, MSM, and/or bisexual. We will focus on individuals with substance abuse and mental health disorders and with unknown HIV/hepatitis status and/or those who have not been tested for HIV/hepatitis in the past 6 months. Primary languages other than English spoken by our populations of focus include Spanish and several East African languages. We will focus on individuals who are low-income or homeless, and will also prioritize serving veterans.

We propose to use a number of evidence-based practices shown to be effective for substance abuse prevention and treatment, mental health treatment, and HIV prevention. These include Motivational Interviewing, Seeking Safety, Dialectical Behavior Therapy, Cognitive Behavior Therapy, Wellness Recovery Action Plan, InShape, Guiding Good Choices and SPORT. Our Rapid HIV testing, counseling, and referral program will incorporate the RESPECT curriculum. We will also utilize a number of environmental strategies to address unique local issues related to marijuana legalization and privatization of liquor sales.

During the project period, we propose to screen 260 clients for mental health disorders, refer 200 clients to mental health treatment or other wraparound services, provide mental health treatment to 60 clients, screen 260 clients for substance abuse treatment services, refer 200 clients to substance abuse treatment or other wraparound services, provide substance abuse treatment to 60 clients, provide HIV and hepatitis testing and linkages to care to 600 clients, and implement environmental strategies to reduce underage drinking and marijuana use with 12,500 individuals.